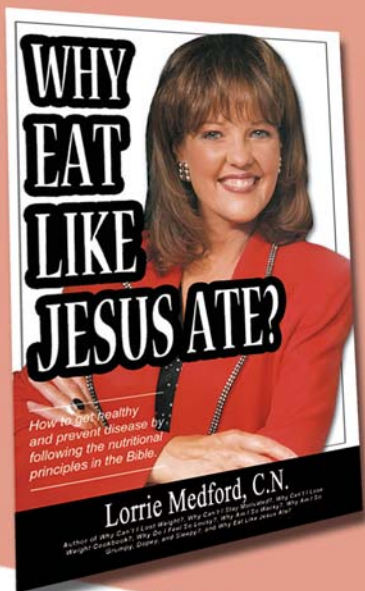


Did Jesus Ever Get SICK?



Do you think Jesus ever told His disciples, “Hey, guys, let’s feed the 5,000 people tomorrow; I really don’t feel up to it right now. I’ve got a cold, a sore throat, and a headache that won’t quit?” No! Jesus, who was our greatest example of life and health, was never sick.

Listen to the prayer requests at church—are they for saving the lost? No, they’re for Christians who are sick and tired. But Christians should be the healthiest people in the world because God wrote the first book on health. Today, biochemists and nutritionists are confirming His original truths in their laboratories, continually validating ancient scriptures.

In *Why Eat Like Jesus Ate?*, you will discover:

- Does God Really Care About What You Eat?
- Why Are We Sick and Getting Sicker?
- How Much is a “Little” Honey?
- Did Jesus Eat Pork?
- What Bible Foods Do We Eat Today?
- Is Fasting Still Relevant?

Health and God Go Together!

Lorrie’s book is an easy-to-read nutrition book with a Bible perspective. You won’t get bogged down with technical terms or hard-to-understand scripture verses. Her book will help you understand God’s Word on Health and Healing.

I’ve known Lorrie Medford for several years. Along with my three daughters and lots of friends, we have had many opportunities to glean from Lorrie’s expertise. The thing I appreciate most about her work is a balance of body, soul and spirit.

God wants us whole, and according to 3 John 2, it’s in every area of our lives. As Lorrie has dedicated her life to teaching us how to follow biblical principles of wellness and wholeness, I’ve had much to learn, and appreciate her willingness to take the time to walk me through the process.

I personally thank God for her benefit to my family. It’s very refreshing to find someone who believes the Word of God, and who wants to help God’s people maintain abundant health.

Lindsay Roberts
Oral Roberts University
Tulsa, Oklahoma



Lorrie Medford, CN is a licensed, Certified Nutritionist with a thriving practice in Tulsa, OK, called Life Design Nutrition. After solving her own weight and energy crisis, Lorrie has lost more than 35 pounds and has kept the weight off for the last nineteen years. She’s studied nutrition, cooking, health, and fitness for 20 years and is also a Certified Personal Trainer. She’s written *Why Can’t I Lose Weight?*, *Why Can’t I Lose Weight Cookbook*, *Why Can’t I Stay Motivated?*, *Why Am I So Wacky?* *Why Do I Feel So Lousy?* *Why Do I Feel So Grumpy, Dopey and Sleepy?*, *Why Do I Need Whole-Food Supplements?* and *Why Eat Like Jesus Ate?*

Retail price: \$11.95. Please ask for professional discounts. You may place your order for *Why Eat Like Jesus Ate?* or any of Lorrie’s other books, using any of the following options:

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